



Punjab Police
Recruitment- 2021
Constables
(District & Armed Cadre)

#PunjabPoliceRecruitment2021

← SWIPE FOR DETAILS



Information on Recruitment of Constables in the Punjab Police

- The following details are being shared as advance information to provide sufficient time to the candidates to prepare themselves for the OMR-based Written Test and Physical Screening Test (PST).
- However, detailed Advertisement is likely to be released later this month.

***DATE OF OMR BASED WRITTEN EXAMINATION - 25/26TH SEPTEMBER 2021**

- The written examination will most likely comprise of 100 Multiple Choice Questions (MCQ) with one mark awarded for every correct answer.
- There will be negative marking and 0.25 marks will be deducted for every wrong answer.

IMPORTANT NOTE

- Written Test will be conducted before the Physical Screening Test (PST).
- Only those candidates who clear the Written Test (on the basis of cut-off) will be eligible for Physical Screening Test (PST), which will be qualifying in nature. No marks will be awarded for the PST, but all candidates must clear the prescribed fitness trial/events.
- Merit will be drawn up purely on the basis of marks obtained by the candidates in the Written Test.

* The date of examination is subject to change in case of any unforeseen circumstances/reasons

Disclaimer:

This Information is being shared with the candidates regarding eligibility, physical standards/screening for the recruitment & test syllabus. However, for exact details, the candidates must refer to the advertisement for recruitment, which is likely to be published in the prominent newspapers and also on the official website of Punjab Police soon.

Only those candidates having prescribed minimum height will be eligible for appointment as a constable.

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ELIGIBILITY CRITERIA

AGE

As on 1st January 2021, a candidate should have attained the age of 18 years but should not have attained the age of 28 years, provided further that:

- SC/ST/BC candidates shall be eligible for relaxation in upper age limit by 5 years.*
- Ex-Servicemen shall be given relaxation in the upper age limit by 3 years, plus the number of years of service, rendered/served by them in the Indian Defence Forces.*
- Serving government employees (State govt. or central govt.) shall be given relaxation in upper age limit by 5 years, but they should not have attained the age of 33 years, as on 1st January 2021.*

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ELIGIBILITY CRITERIA

MINIMUM EDUCATIONAL QUALIFICATIONS

- *10+2 or its equivalent from a recognized Education Board/ University.*
- *In case of Ex-Servicemen, the minimum educational qualification shall be Matriculation.*
- *No candidate shall be eligible for appearing in the Written Test, unless he/she has passed the Matriculation Examination with Punjabi or any other equivalent examination in Punjabi language (which may be specified by the Punjab government from time to time).*

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Punjab Police Recruitment- 2021
Syllabus for Constable (District & Armed Cadre)
Total Marks: 100 Time: 120 Min



Sr.No.	Topic	
1	General Awareness	(i) Constitution and its features, Central and State Legislature, Executive, Judicial Institutions & Local Government Institutions
		(ii) History, Geography, Culture and Economy of Punjab
		(iii) Basics of Science & Technology
		(iv) Current Affairs
2	Quantitative Aptitude and Numerical Skills	(i) Simplification
		(ii) Average
		(iii) Decimal and Fractions
		(iv) Ratio and Proportion
		(v) Percentages
		(vi) Profit and Loss
		(vii) Simple Interest
		(viii) Time and Work
		(ix) Bar graphs and Line graphs
3	Mental Ability & Logical Reasoning	(i) Number and Letter Series
		(ii) Sequencing
		(iii) Statements and Conclusions
		(iv) Pattern Completion
		(v) Order and Ranking
		(vi) Direction and Distances
		(vii) Relationship Problems
4	LANGUAGE SKILLS	(i) Reading Comprehension
		(ii) Punjabi to English Translation
		(iii) Sentence rearrangement and correction
		(iv) Error Spotting
		(v) Fill in the Blanks
		(vi) Spelling Correction
		(vii) Vocabulary (Synonym, Antonym, one word substitution)
	a. English	(i) ਸੁੱਧ/ਅਸੁੱਧ
		(ii) ਸਮਾਨਾਰਥਕ/ਵਿਰੋਧੀਸ਼ਬਦ
		(iii) ਪੰਜਾਬੀ ਅਖਾਣ ਅਤੇ ਮੁਹਾਵਰੇ
		(iv) ਅੰਗਰੇਜੀ ਤੋਂ ਪੰਜਾਬੀ ਅਨੁਵਾਦ
		(v) ਭਰੂਣੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਤੇ ਇੱਕ ਸ਼ਬਦ
		(vi) ਅਣਡਿਠਾ ਪੈਰਾ
b. Punjabi	(i) Fundamentals of Computers	
	(ii) MS Office (Word, PowerPoint)	
	(iii) Internet, Worldwide web and Web search engines.	
	(iv) Email Communication	
	(v) Mobile Phones (Basic conceptual knowledge)	
5	Digital Literacy & Awareness	



PHYSICAL SCREENING TEST (PST)**

(Other than Ex-Servicemen)

For Male Candidates	Minimum Height	5 feet 7 inches
	1. Race	1600 meters to be completed in 6 minutes 30 seconds (only 1 chance)
	2. Long Jump	3.80 meters (3 chances)
	3. High Jump	1.10 meters (3 chances)
For Female Candidates	Minimum Height	5 feet 2 inches
	1. Race	800 meters to be completed in 4 minutes 30 seconds (only 1 chance)
	2. Long Jump	3.00 meters (3 chances)
	3. High Jump	0.95 meters (3 chances)

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PHYSICAL SCREENING TEST (PST)**

(For Male Ex-Servicemen Candidates)

Less than or equal to the age of 35 years	Minimum Height	5 feet 7 inches
	1. Walk/Run	1400 meters to be completed in 9 minutes (only 1 chance)
	2. Full Squats	10 full Squats in 1 go (only 1 chance)
Above the age of 35 years	Minimum Height	5 feet 7 inches
	1. Walk/Run	1400 meters to be completed in 12 minutes (only 1 chance)
	2. Full Squats	10 full Squats in 1 go (only 1 chance)

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ALL THE BEST!